

# President's Corner

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## Challenges & Changes to Remember

Many compare our brains to computers. The only real difference between the two is memory. The mind's memory has an unlimited capacity while a computer has a very definable limit to the amount of information it can store. The difference of course is the computer's ability to retrieve all the information it can store. A common trick that seems to happen to me is that my brain forgets. I can forget, delete or whatever term you choose to use, various events usually to eliminate unpleasantness, pain and changes in my life. I can remember what I ate at a restaurant 10 years ago with my wife, what we were wearing, and many other aspects of that specific evening. I reflect many times on friendships past and present, successes in my life, vacations and hopefully lessons learned.

However, on the other hand, I have forgotten various things from only last week. I am currently on holiday writing this article and believe me with no challenges or decisions to be made here in Florida, I seem to remember everything. It has been said that to be happy in life you need only 2 things, good health and a bad memory. We always remember the good things and quickly forget those that have no meaning or were too much to handle at a specific time in our life. We also forget things that we should remember by ignoring change in our life. Think about it. We simply chose to "Forget about it".

Life throws numerous challenges that make us want to forget. Life is not all simple. Just when the highway of life starts to look like a straight away, and you are ready to put the "pedal to the medal", you tend to hit a detour, bad weather, or just some really rough roads. Some people choose to ignore these changes (or challenges as I like to call them) and proceed as though nothing has changed. Others seem to be able to almost effortlessly correct their course to accommodate the changed driving conditions.

I believe that when people continue on without making any adjustments whatsoever, they are either in denial or believe that if they continue to do what they have been doing (what they have always done) then everything will work out fine. It is insanity to think that if you continue to do what you have always done, you will get a different result. No matter how you squeeze an orange you will only get orange juice from it. A wrong decision is better than no decision. It sure beats saying "I don't know", and throwing up your hands. Or worse: "I don't care – you choose – whatever!", then later get disappointed with the choices that were made for you.

What you attempt at first may prove to be wrong or simply have no effect upon your situation. Don't let that discourage you. Just keep on trying other things until you finally hit upon something that will make things better.

*Richard Dolewski*

Using my original road analogy. You may slow down, stop, take another route or any other maneuver to get your life going again. It is up to you, and you alone who can make things happen. It is always up to you. I don't know what will work, but I can tell you what will not. Cursing your bad luck. Always complaining about how bad things always happen to only you or blaming other people for your bad luck. I hear comments like: "If it weren't for bad luck I would have no luck at all!" I believe in creating your own luck or opportunity. Steer straight and find that goal or objective which will truly bring you the luck or success you are looking for. The interesting thing is we all have to face challenges in our lives. Change is inevitable, and all the planning in the world cannot get you ready.

The really neat part is that changes are challenges and challenges are opportunities that would have never been taken if there were no need to change. That sounds like something my father would say and I would shake my head and think, "Why change?" I am comfortable. As we all face different roads in life, I try to remember that they will get rough, but that is okay since change is not bad and that some good comes out of every thing. I truly do look forward to my next opportunity and I hope you will too. **TUG**

